- ✓ Wretched
- ✓ Woeful
- ✓ Woebegone
- ✓ Wistful
- ✓ Weighty
- ✓ Weepy
- ✓ Upsetting
- ✓ Upset

- ✓ Unhappy
- ✓ Unfortunate
- ✓ Unbearable
- ✓ Troubled ✓ traumatic
- Tragic
- ✓ Tough





- ✓ Tearful
- ✓ Taxing
- ✓ Sorry
- ✓ Sorrowful
- ✓ Sore
- √ Somber
- ✓ Sluggish
 ✓ shameful
- ✓ Shabby
- ✓ Severe

- ✓ Serious
- ✓ Sensitive
- ✓ Rough
- ✓ Regrettable✓ regretful
- ✓ Profound
- ✓ Poor
- ✓ Ponderous
- ✓ Poignant
- ✓ Plaintive





- ✓ Pitiful
- ✓ Pitiable
- ✓ Pessimistic
- ✓ Pathetic
- ✓ Painful
- ✓ out of sorts
- ✓ Oppressive
- ✓ Nasty
- ✓ Moving

- ✓ Mournful
- ✓ Morose
- ✓ Morbid
- ✓ Moody
- ✓ Miserable
- ✓ melancholic
- ✓ Lugubrious
- ✓ Low-spirited
- ✓ Low
- ✓ Leaden





- ✓ harrowing
- √ Grim
- ✓ Grievous
- ✓ Grieved
- ✓ grief-stricken
- ✓ Grave
- ✓ Glum
- ✓ Gloomy
- ✓ Funereal
- ✓ Frustrated
- ✓ Forlorn

- ✓ Lamentable
- ✓ Lachrymose
- ✓ Joyless
- ✓ Inconsolable
- ✓ Heavy
- ✓ Heartsick
 - Heartrending
- ✓ heartbroken
- ✓ Heartbreaking
- ✓ Hateful





- ✓ Dreary
- ✓ Downhearted
- ✓ Downcast
- ✓ down in the mouth
- ✓ down in the dumps
- ✓ Down
- ✓ Dolorous
- ✓ Doleful
- ✓ Disturbing
- ✓ Distressing

- ✓ Distressed
- ✓ Dispiriting
- ✓ Dispirited
- ✓ Dismal
- ✓ Disheartening
- ✓ Disheartened
- ✓ Disgusted✓ disgraceful
- ✓ Discouraged





- ✓ Disconsolate
- ✓ Disastrous
- ✓ Dire
- ✓ Difficult
- ✓ Despondent
- ✓ Desperate✓ despairing
- ✓ Desolate
- ✓ Depressing
- ✓ Depressed

- ✓ Deplorable
- ✓ Dejected
- ✓ Dark
- ✓ Cruel
- ✓ Crestfallen
- ✓ Cheerless
- ✓ broken-hearted
- ✓ Blue
- ✓ Bleak





- ✓ Bitter
- ✓ Bad
- ✓ awful
- ✓ Appalling
- ✓ agonizing
- ✓ Aggrieved

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- ✓ Wretched
- The slums were filled with poor, wretched children.
- ✓ Woeful
- The puppy had woeful eyes.
- ✓ Woebegone
- He stood before me the most **woebegone**, heartbroken man I ever saw.
- ✓ Wistful
- He had a wistful look on his face.
- ✓ Weighty
- Their influence in these respects was weighty and important.
- ✓ Weepy
- She started getting weepy when she talked about her mother.
- ✓ Upsetting
- If something is upsetting you, consider sharing it.



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- ✓ Upset
- The kid was already too upset about something.
- ✓ Unhappy
- He is becoming **unhappy** with his boss.
- ✓ Unfortunate
- There wasn't any evidence to suggest other than an unfortunate accident.
- ✓ Unbearable
- Facing him again was an unbearable thought.
- ✓ Troubled
- You just seem to be troubled, lately.
- ✓ Traumatic
- You've been through a **traumatic** experience.
- ✓ Tragic
- What a sad and tragic life poor Annie led.



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- ✓ Tough
- What a sad and tragic life poor Annie led.
- ✓ Tearful
- Prince Vasili pronounced these last words in a tearful voice.
- ✓ Taxing
- The job turned out to be more **taxing** than I'd expected.
- ✓ Sorry
- She was sorry to hear about their divorce.
- ✓ Sorrowful
- Some, with sorrowful hearts, fled beyond the seas.
- ✓ Sore
- She rubbed a **sore** spot in her lower back





✓ Somber

His somber gaze met hers and then drifted to her lips.

✓ Sluggish

Social life was sluggish in some ways and wild in others.

✓ Shameful

This shameful discomfiture quickened all the suspicion and jealousy fermenting in France.

✓ Shabby

The **furniture** was old and shabby. He wore a shabby coat.

✓ Severe

A small, older woman in severe grey opened the door.

✓ Serious

This is serious stuff. Don't joke

✓ Sensitive

She's so sensitive that she always cries at a sad movie





✓ Rough

I don't like it when you're rough like that.

✓ Regrettable

Your view of life is a regrettable delusion.

✓ Regretful

There was a regretful accent in the creature's voice, and at the words all the other dragonettes sighed dismally.

✓ Profound

He was **profound** in a way that surprises me.

✓ Poor

The **poor** kid is feeling deserted.

✓ Ponderous

I am sorry if that phrase sounds a little ponderous.

✓ Poignant

The moment was too poignant to be amusing.





✓ Plaintive

The **plaintive** moan of reproach was drowned by the threatening and angry roar of the crowd.

✓ Pitiful

It was pitiful to see them, boys, put in the dancer.

✓ Pitiable

Still more pitiable was the condition of the court.

✓ Pessimistic

The film gives a very **pessimistic** view of human nature.

✓ Pathetic

She struck Archer, of a sudden, as a **pathetic** and even pitiful figure.

✓ Painful

It'll be a slow, painful death.





- ✓ out of sorts
- He was too **out of sorts** to feel the Watcher's arrival.
- ✓ Oppressive
- It is hard to believe that **oppressive** heat is felt in the valley just engdie org
- beneath him.
- ✓ Nasty
- She has a **nasty** habit of biting her fingernails.
- ✓ Moving
- It took some getting **used** to **moving** around.
- ✓ Mournful
- At the mournful note in her voice, he hugged her tightly.
- ✓ Morose
- I don't mean to sound **morose**," he said with a smile.
- ✓ Morbid
- His early studies were directed chiefly to morbid anatomy.
- ✓ Moody
- Adjective I don't know why I get so **moody** sometimes



- ✓ Miserable
- My boss is making my life thoroughly **miserable** with her constant demands and criticism.
- ✓ Melancholic
- He seemed burdened with **melancholic** thoughts and dark visions as he wrestled with his pursuing demons.
- ✓ Lugubrious
- This **lugubrious** work of art was set up in white marble after his death in St Paul's cathedral, where it may still be seen.
- ✓ Low-spirited
- Vincent agreed, too low-spirited to put up any resistance.
- ✓ Low
- His voice was low and husky
- ✓ Leaden

The weather was at its worst; bitterly cold, with **leaden** skies that gave minimum visibility.





- ✓ Lamentable
- The institution had fallen into a state of **lamentable** inefficiency.
- ✓ Lachrymose

After Diana's husband died, she became a lachrymose woman who could not stop crying.

- ✓ Joyless
- Jane is trapped in a joyless marriage.
- ✓ Inconsolable
- He'll be inconsolable, Linda said with a delighted laugh.
- ✓ Heavy
- The suitcase didn't seem that **heavy** at the time.
- ✓ Heartsick
- They were absolutely **heartsick** over the loss of their home.
- ✓ Heartbreaking

She wrote a **heartbreaking** story about the death of her grandfather



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✓ Hateful

To be quit of his **hateful** presence he gave him a mili tary command.

✓ Harrowing
I don't think I could live through such a harrowing event again.

✓ Grim

I don't think I could live through such a **harrowing** event again.

✓ Grievous

No war was ever more **grievous** to freedom and civilization.

✓ Grieved

My parents were deeply grieved and perplexed.

✓ grief-stricken

He stood staring at the girl, grief-stricken.





✓ Grave

We realized very quickly we had made a **grave** mistake, and I don't even like to think about it.

✓ Glum

The man stared at him with the same **glum** look.

✓ Gloomy

He was **gloomy** and absent-minded.

✓ Funereal

Funereal pace but is never boring.

✓ Frustrated

I'm so frustrated right now.

✓ Forlorn

His face looked forlorn.

✓ Dreary

Tuesday dawned a **dreary** overcast day





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- ✓ Downhearted
- Max sighed, sounding even more downhearted.
- ✓ Downcast
- Prince Andrew came up to her with **downcast** eyes.
- ✓ down in the mouth
- Rob has been **down in the mouth** ever since Gloria broke up with him.
- ✓ down in the dumps
- She's a bit **down in the dumps** because she's got to take her exams again.
- ✓ Down
- They sat down at the table.
- ✓ Dolorous
- Through an interpreter this week, a **dolorous** Dolores explained that it hadn't taken her long to realize she'd been duped.
- ✓ Doleful
- The girl had a **doleful** look on her face.

- ✓ Disturbing
- Look, I don't want anything disturbing that property!
- ✓ Dispiriting
- Democrats are more **dispirited** today than they have been in years.
- ✓ Dispirited
- Handed a dispirited, defeated force, he instilled into it the will

to win.

- ✓ Dismal
- The definition of **dismal** is something that is gloomy that makes you feel sad.
- ✓ Disheartening

Probably the consciousness that his dominions would be broken up among his sons after his death had a **disheartening** effect upon him.



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✓ Disheartened

Balak, now utterly disheartened, abandoned his project altogether.

✓ Disgusted

Her stomach grumbled but the thought of a ham sandwich disgusted her.

✓ Disgraceful

His last public act was a disgraceful one.

✓ Discouraged

I am not discouraged, nor am I afraid.

✓ Disconsolate

You may turn away when your Savior draws near; you may sit **disconsolate** .

✓ Disastrous

Half the city was destroyed by a **disastrous** fire.

✓ Dire

His childhood was passed in dire poverty.

✓ Difficult

This might be the most difficult decision she would ever



- ✓ Despondent
- The children, feeling sad and **despondent**, were about to follow him when the Wizard touched Dorothy softly on her shoulder.
- ✓ Desperate
- The collapse of her business had made her desperate.
- ✓ Despairing
- I have been **despairing** at the thought of this.
- ✓ Desolate
- It was a **desolate** wasteland except for some grazing sheep.
- ✓ Depressing
- I suppose the atmosphere is a little **depressing** around here right now.
- ✓ Deplorable

The most deplorable weakness of Paul was his nepotism.



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- ✓ Dejected
- "Apparently I was wrong," he said in a dejected tone.
- ✓ <u>Dark</u>

He looked tall and lean in a dark suit.

✓ Cruel

The **cruel** man lashed the horse with his whip.

✓ Crestfallen

His crestfallen look should have been a victory, but instead she wished she could eat the words.

✓ Cheerless

Cheerless rooms and the service was very poor.





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